

## Martial Arts Class

Dear Parents and students.

I hope that everyone will have a happy holiday season. I would like to remind everyone that new students may sign up for karate at anytime during the year. One other point of note is that due to a change in my schedule, **the beginning class will be held on Wednesdays** instead of Mondays following the Christmas break. I teach a combination of several martial arts including Gen Jitsu, Kenpo, Tae Kwon Do, and Goju Ryu. I focus my classes on self discipline, and personal responsibility in addition to self defense. My goal is for the self discipline my students gain in the class to aid them, not only in karate, but also at home, and in other classes as well.

Rank advancement: In order to obtain the first belt (yellow belt) the student must learn the first form, and behave appropriately in the martial arts class, in other classes and at home.

Date Classes begin: Martial Arts classes begin the first week of September.

Tuition: \$30.00 per month. Checks and payments are made to the school.

Time: Beginners (those who have not yet attained a yellow/gold belt) here or in any other martial arts school: Wednesdays 3:30-4:30. Please note, higher ranks may attend both Wednesday and Thursday classes if they wish.

Advanced: Thursdays 3:30-4:30

Martial arts uniform and equipment: not required, but encouraged below specific ranks. Sparring gear is only required for green belts and higher. This includes head gear, gloves, foot gear, a mouth piece, and for boys a cup. A martial arts uniform is required for brown belt and above. If you are interested in buying a uniform, please contact me as to where they maybe purchased.

If there are any questions you may e-mail me at [atiya@q.com](mailto:atiya@q.com) .

Student's name:

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Signature of parent or guardian

Please return this to the office.